

# Specific Psychological Features Of The Awareness Of The Parental Role In Teenager Students Based On A Cultural-Historical Approach

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## ABSTRACT

This article discusses the specific psychological characteristics of adolescents' awareness of parental roles based on a cultural-historical approach. Through this article, information is provided about the role of parenting in young people before marriage based on a cultural-historical approach.

**Keywords:** Cultural, historical, approach, adolescence, students, parenting, psychological characteristics, gender, equality.

## INTRODUCTION

The extent to which young people deeply understand the role of parenting directly affects not only their future family relationships, but also the overall stability of society. In the 21st century, information technologies, globalization, and cultural diversity are having a strong impact on the lives of young people. These processes change traditional concepts of parental roles and form a new, modern interpretation of them. In such conditions, it is important to study the psychological characteristics that arise in young people's understanding of the role of parenting, to identify the positive and negative aspects of this process. In youth psychology, the process of self-awareness and acceptance of a social role is delicate and multifaceted, forming the basis of their personal development and future social activity. Therefore, one of the priority tasks of today is to study the level of understanding of the role of parenting among young people, to identify the factors influencing this process, and to develop pedagogical and psychological methods to assist them. This research serves to propose practical measures to strengthen the stability of society, support family values, and give the right direction to young people. Therefore, in-depth analysis and scientific substantiation

of the topic remain relevant. Identification of the psychological characteristics of the process of awareness of parental roles by young people, study of the factors influencing this process, and development of scientific and practical recommendations for the formation of positive family values.

In scientific research in the field of pedagogy and psychology, a strong family is always a guarantee of the stability of the state, therefore, such a characteristic as being a "good head of the family" (I.V. Bestuzhev-Lada) is one of the conditions for the existence of peoples and states in the upbringing of a future family man. At a time when economic and socio-psychological changes are taking place in our society, the question of the specifics of current childhood-related changes comes to the forefront.

Currently, a high level of moral and psychological-pedagogical training and a culture of life is required from women and men in family and marital relations, therefore it is necessary to start preparing boys for family life from the first years. Accordingly, the main essence of preparing the younger generation for family life is to teach them to evaluate the qualities of forming and managing all virtues,

says the family scientist I.V.Grebennikov.

I.V.Grebennikov, listing the social, moral, legal, psychological, physiological-hygienic, pedagogical, aesthetic, and economic factors of preparing young people for family life, implies their implementation in interconnection. Therefore, information is provided on the personality, its abilities, character, temperament, self-education, the mutual influence of society and family, the psychology of interpersonal relationships, the culture of relationships and interaction, the moral foundations of relationships between young men and women, feminine tenderness, external and internal beauty, camaraderie and friendship, as well as its national foundations, that love is a high human feeling, its specific features, the culture of behavior of lovers, its connection with the general culture of a person, that love is also a means of upbringing, and not to make mistakes in love. Special attention is paid to the topic of marriage and family, which is one of the largest problems, issues of preparation for marriage, and its legal basis. The family and its essence, socio-economic foundations, the main functions of the family, its characteristics, the relationship between husband and wife in a young family, the initial period of marriage, a family expecting a child, and the stages of family development are analyzed.

Below is a detailed analysis of the father's psychological role:

**Ensuring protection and security:** Psychologically, the father is perceived as a person who gives family members, especially children, a sense of security. A father helps to form confidence in the external world in his children, plays a large role in overcoming their fears and anxieties.

**Example and guidance:** A father is often a person who embodies values such as diligence, responsibility, and fairness for the family. Children often form their own life values by observing the father's actions and decisions. According to Albert Bandura's theory, children develop their personalities in the process of social learning, influenced by the role of parents.

**Teaching discipline and order:** The father is often the main person in maintaining discipline in the family. This fosters responsibility and adherence to rules in their children. However, in this process, the father's firmness and kindness must be balanced. Excessive strictness can cause fear and distrust in children.

**Psychological support:** The father should try to understand and support the mental state of each member of the family. She strengthens their self-confidence by supporting their children's dreams. For children, the father's words of approval and motivation are very important.

**Establishing personal freedom and boundaries:** A father gives children freedom for personal development while establishing important boundaries for them. This allows children to learn social norms and develop their abilities.

**Source of emotional stability:** A father's emotional stability and balanced character positively influence children and other family members. It plays a crucial role in resolving stress and conflicts in the family.

**Strengthening family cooperation:** Psychologically, the father serves as a mediator in developing communication and cooperation between family members. It harmonizes the relationship between children and mother, helps to ensure unity within the family.

**Formation of gender roles:** A father is an example of masculinity for male children and respect for men for girls. It contributes to children's understanding of gender roles and the formation of balanced views on this matter.

**The psychological role of the mother in the family:** Mother is the central figure of the family, and her psychological role is important for the development of children and family well-being. The role of the mother in the family is important from a social, psychological, and emotional point of view, since the mother influences not only the upbringing of her children, but also their personal and emotional development. Below is a more detailed analysis of the psychological role of the mother in the family:

**Emotional support:** A mother is the first and most important emotional support person for her children. She understands her children's emotional state, senses their mood, and offers support when needed. A mother's affection and attention help the child develop self-respect, manage their emotions, and build relationships with others. In this role, the mother is the main person in feeling confident in her children and maintaining emotional stability.

**Educational role:** The mother is at the forefront of the upbringing process in the family. She teaches her children human values, moral norms, and life skills. A mother

usually instills in her children such important qualities as kindness, compassion, sensitivity, sincerity, honesty, and discipline. In particular, the success of the mother in this role has a great influence on the formation of the child's personality and social relations.

**Social model:** The mother serves as the first social model for her children. Children learn from these models by observing their mother's behavior, decisions, and attitudes. In particular, women children form their ideas about the role of womanhood through their mothers. A mother's personality, approaches to fulfilling social roles, and behavior influence how children learn and adapt to society.

**Formation of parental relationships:** The mother plays an important role in the development of parental relationships in the family. He spends a lot of time conveying his respect and love to his children together with the father. The mother's relationship with the father shapes how children understand family relationships and what changes will occur in their future family relationships. This role of the mother contributes to the development of healthy and strong family values in children.

**Influence on the emotional and cognitive development of children:** The mother is often the most influential person in the emotional and intellectual development of the child. It helps develop reading, communication, creative thinking, and problem-solving skills according to the child's age. In particular, the mother's approach to speech and communication has a great influence on the cognitive development of the child. Also, a mother's attention and care for her children contributes to their learning ability and overall self-awareness. **Personal self-awareness and changing social roles:** The mother's psychological role within the family also includes the process of her self-awareness. The role of motherhood is variable and multifaceted, and with their change, the mother tries to find a balance in her personal and professional life. The mother's success in this process directly affects the social and emotional development of her children, as well as the general psychological state of the family.

**Formation of the gender role:** The mother's role in the family is the main factor in the formation of gender concepts in children. For girls, the mother teaches femininity, interfeminine relations, and the requirements for women in society, while boys understand the social and family role of women from the mother. What role the mother herself plays, what values she teaches, shapes

children's understanding of gender.

**Maintaining order in the family:** The mother plays an important role in coordinating the family's daily routine, responsibilities, and activities. It manages the planning and implementation of family activities, thereby ensuring the social and psychological well-being of family members. Children learn the same approach to solving problems that the mother herself tries to solve.

## **CONCLUSION**

In conclusion, it can be said that in today's era of globalization, a high level of moral and psychological-pedagogical training in family and marital relations is required from young people, therefore it is necessary to start preparing boys and girls for family life from the first years. Accordingly, the formation of all qualities in the younger generation and teaching them to evaluate management qualities represents the main essence of preparing them for family life.

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